

Weekly SAHF Forecasters' Forum (FF) #193

Date: 23rd October 2025

Discussion Notes

Realized Weather-Country Reports (17th Oct – 23rd Oct 2025)	- Bhutan observed mostly cloudy to cloudy conditions with light to moderate rainfall across southern and central regions. The highest weekly total, 92 mm, was recorded in Sarpang. Temperatures remained near-normal, with cooler conditions in the northern highlands. - Bangladesh experienced light to moderate rain/thundershowers at many places, with isolated heavy rainfall in the coastal belt during 20–22 Oct. The highest temperature of 35.2°C was recorded in Rajshahi, and the lowest, 22.6°C, in Rangpur. - Nepal received scattered rainfall, particularly over the hilly and central regions, while the western hills saw isolated heavy rainfall. Lumle station reported the highest rainfall of 116 mm. Temperatures were slightly above normal in the central lowlands. - Maldives reported scattered showers and isolated thunderstorms, mostly over the southern and central atolls. Wind speeds remained moderate, with occasional gusts reaching 35 km/h. - Pakistan remained mostly dry in the southern and western parts, with light rain reported in northern Punjab and upper Khyber Pakhtunkhwa early in the week. Temperatures remained above normal across Sindh and Balochistan. - Sri Lanka experienced light to moderate rainfall over southwestern and central regions, with isolated heavy rainfall reaching 104 mm in Ratnapura. The southeastern and eastern provinces remained relatively dry. - Myanmar recorded moderate to heavy rainfall in northern and coastal regions, with particularly heavy rainfall along the Rakhine coast during 20–22 Oct.
Significant Weather Features in the region for the coming week (24th Oct – 30th Oct 2025)	- A low-pressure area is likely to persist over the east-central Bay of Bengal, moving northeastward and enhancing rainfall activity over coastal Bangladesh and Myanmar. - Active monsoon conditions are expected to continue over southern peninsular India and Sri Lanka, with moderate to heavy rainfall possible along the western and southeastern coasts. - Moisture incursion from the Bay of Bengal will maintain light to moderate rainfall over Nepal and Bhutan, especially along southern slopes. - The Madden Julian Oscillation (MJO) remains active over the eastern Indian Ocean, enhancing convective activity, while IOD remains neutral. - Monsoon withdrawal is expected to complete over northwestern India and Pakistan by the end of October.
Weather Outlook (24th – 30th Oct 2025)	- Bhutan is expected to observe cloudy conditions with light to moderate rainfall, mainly in southern and eastern regions; northern highlands to remain dry and cool. - Bangladesh may observe light to moderate rain/thundershowers at several places, heavier towards southeastern coastal areas between 26–28 Oct. - Nepal is likely to experience light to moderate rainfall over hilly and central parts, with isolated heavy rainfall possible in the western region.

	▪ Maldives may receive isolated showers likely in the northern atolls; moderate rainfall with occasional strong winds expected over southern and central atolls during the second half of the week. ▪ Myanmar is likely to experience scattered rainfall over central and northern regions, with heavy rainfall expected along the Rakhine coast during 26–29 Oct. ▪ Pakistan is expected to observe mostly dry conditions are expected in southern and western areas, while isolated light rain may occur over northern regions and Gilgit–Baltistan. ▪ Sri Lanka is likely to light to moderate rainfall over southwestern and central regions; isolated heavy rainfall possible in Galle and Ratnapura districts; southeastern regions likely to remain dry.
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Extended Range Outlook (24th Oct – 21st Nov 2025)	Extended Temperature outlook ▪ Below-normal temperatures are expected over northwestern India and eastern Pakistan during the next four weeks. ▪ Above-normal temperatures are likely over Bangladesh, Nepal, Bhutan, Sri Lanka, Myanmar, and northeastern India throughout the outlook period.	Extended Rainfall Outlook ▪ Week 1: Above-normal rainfall expected over Bangladesh, northeast India, Sri Lanka, and Myanmar; below-normal over northwestern India and Pakistan. ▪ Week 2: Rainfall likely to persist over eastern and southern parts of the region, with above-normal rainfall over Sri Lanka, Bangladesh, and southern India. ▪ Week 3: Above-normal rainfall expected over Sri Lanka, Bangladesh, Nepal, Bhutan, and eastern India. ▪ Week 4: Above-normal rainfall likely to continue over Sri Lanka and southern Bangladesh; below-normal rainfall expected over western peninsular India and Myanmar.
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