

Weekly SAHF Forecasters' Forum (FF) #194

Date: 30th October 2025

Discussion Notes

<p>Realized Weather-Country Reports (24th Oct – 30th Oct 2025)</p>	<ul style="list-style-type: none"> Bhutan observed mostly cloudy to cloudy weather with light to moderate rainfall in southern and eastern parts. The heaviest rainfall, around 72 mm, was recorded at Phuentsholing. Temperatures dropped by 3–4°C across most areas following the influence of Cyclone Montha. Bangladesh experienced moderate to heavy rainfall in many parts due to the influence of Cyclonic Storm Montha. The highest rainfall, 134 mm, was recorded in Khulna, while the highest temperature was 34.2°C at Rajshahi. Nepal recorded light to moderate rainfall in central and eastern regions with isolated heavy rainfall over the western hills. Lumle received the maximum rainfall of 97 mm during the week. Maldives reported strong westerly winds and gusts up to 54 mph on 24 October, especially over the central region. Since mid-week, conditions improved with only isolated showers reported in southern atolls. Pakistan remained mostly hot and dry across southern and western regions, while light rainfall was reported in isolated locations over northern Punjab and Khyber Pakhtunkhwa during early week. Sri Lanka recorded widespread rainfall mainly over southwestern parts, with the maximum rainfall of 121.5 mm at Neboda on 24 October. Conditions gradually became fair during the latter half of the week. Myanmar experienced moderate to heavy rainfall across northern and central regions, particularly along the coastal belt of Rakhine State, due to the influence of the Bay of Bengal system.
<p>Significant Weather Features in the region for the coming week (31st Oct – 6th Nov 2025)</p>	<ul style="list-style-type: none"> The remnant circulation of Montha is likely to sustain light to moderate rainfall over eastern India, Bangladesh, Bhutan, and Nepal during the early part of the week. Enhanced rainfall is expected over southern and coastal Myanmar, especially along the Arakan coast and Irrawaddy Delta, during the first half of the week. Fair to dry weather is likely over peninsular India, Sri Lanka, and Maldives, as the northeasterly flow strengthens. The Monsoon withdrawal process is expected to complete over northern India and Pakistan by early November. The MJO remains active over the Indian Ocean, but convective activity may decrease gradually after early November. The La Niña phase continues but is likely to weaken toward neutral ENSO conditions by early 2026.
<p>Weather Outlook (31st Oct – 6th Nov 2025)</p>	<ul style="list-style-type: none"> Bhutan is likely to experience mostly cloudy conditions with light to moderate rainfall across the country, with chances of moderate to heavy rainfall and light snowfall over high-altitude regions during 31 Oct–1 Nov. Bangladesh is likely to experience light to moderate rainfall in the eastern and northern regions, while the western and southern parts will see mostly fair weather from mid-week. Nepal may experience light to moderate rainfall over central and eastern regions, with isolated heavier rainfall over the western hills early in the week.

	<ul style="list-style-type: none"> ▪ Maldives is likely to have isolated showers in northern atolls and scattered rainfall with moderate winds in southern and central atolls during the second half of the week. ▪ Myanmar will likely to experience widespread rainfall in the northern and central regions, with heavier rainfall along the Arakan coast and parts of the deltaic region through 2–3 Nov. ▪ Pakistan is expected to remain mostly dry over southern and western areas, while isolated light rainfall may occur over the northern parts. ▪ Sri Lanka is likely to experience mainly fair weather across most parts of the island during early week, with chances of afternoon thundershowers over western and central regions toward the latter half.
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Extended Range Outlook (31st Oct – 28th Nov 2025)	<p>Extended Temperature outlook</p> <ul style="list-style-type: none"> ▪ Below-normal temperatures are expected over northwestern India and eastern Pakistan during the next four weeks. ▪ Above-normal temperatures are expected over Bangladesh, Nepal, Bhutan, Sri Lanka, Myanmar, and northeastern & southern India throughout the period. 	<p>Extended Rainfall Outlook</p> <ul style="list-style-type: none"> ▪ Week 1 (31 Oct – 6 Nov): Above-normal rainfall is expected over Bangladesh, northeast India, Nepal, Bhutan, and Myanmar. Below-normal rainfall likely over peninsular India and Sri Lanka. ▪ Week 2 (7 – 13 Nov): Above-normal rainfall is expected over eastern India, Bangladesh, and Sri Lanka, while below-normal rainfall may persist in western and southern India. ▪ Week 3 (14 – 20 Nov): Continued above-normal rainfall over eastern India, Bangladesh, Sri Lanka, and central Myanmar. ▪ Week 4 (21 – 28 Nov): Above-normal rainfall likely over Sri Lanka, Bangladesh, and northeastern India, while below-normal rainfall expected in southern Myanmar and western peninsular India.
Ocean Watch	<p>Observed Ocean Surface Conditions (24th Oct – 30th Oct 2025)</p> <ul style="list-style-type: none"> ▪ Observed swell heights ranged from 0.5 to 2.5 meters in the Bay of Bengal and Arabian Sea. Wave heights varied between 0.8 and 3.2 meters in both basins. Surge alerts were issued for the east coast of India and Andaman & Nicobar Islands during the passage of Cyclone Montha. Sea Surface Temperatures (SSTs) ranged from 24.6°C to 31.8°C across the Arabian Sea, Bay of Bengal, and equatorial Indian Ocean. <p>Forecast for the coming week (31st Oct – 6th Nov 2025)</p> <ul style="list-style-type: none"> ▪ Swell wave heights are expected to reach 1.3–1.8 meters in the Arabian Sea and 1.1–2.0 meters in the Bay of Bengal. Wave heights are expected to range between 0.8–2.5 meters in the Arabian Sea and 0.9–2.4 meters in the Bay of Bengal. Sea Surface Temperatures are expected to remain between 30.2°C–32.1°C in the Arabian Sea and 30.6°C–32.0°C in the Bay of Bengal. 	