











Weekly SAHF Forecasters' Forum (FF) #195

Date: 6th November 2025

Discussion Notes

Realized Weather- Country Reports (31 st Oct – 6 th Nov 2025)	Bhutan observed partly cloudy to cloudy weather with light to moderate rainfall, mostly in southern and eastern parts. The heaviest rainfall, about 76 mm, was recorded in Phuentsholing. Maximum temperatures showed a slight rise, while minimum temperatures remained low in the northern highlands.
	 Bangladesh experienced light to moderate rain/thundershowers at several places, mainly over the southern and central regions. The highest temperature of 35.2°C was reported from Khulna, while the lowest, 22.4°C, was recorded in Sylhet.
	 Nepal recorded light to moderate rainfall in hilly and central regions with isolated heavy showers in western areas. Lumle station received around 102 mm of rainfall during the week. Temperatures remained slightly above normal.
	 Maldives experienced isolated showers in the northern and central atolls, while moderate rainfall with thunderstorms was observed over the southern atolls. Winds were moderate, with strong gusts reported near the southern region.
	 Pakistan remained mostly dry across southern and western parts, while isolated light rain was reported over upper Punjab and northern Khyber Pakhtunkhwa. Daytime temperatures remained high in southern regions.
	 Sri Lanka experienced moderate rainfall over western and southwestern regions, with the maximum of 92 mm at Ratnapura. Southeastern parts remained generally dry throughout the week.
	 Myanmar experienced moderate to heavy rainfall over northern and central regions, with heaviest amounts reported along the Arakan coast and southern coastal belt.
Significant Weather Features in the region for the coming week (7 th Nov – 13 th Nov 2025)	 A low-pressure system is likely to form over the southern Bay of Bengal, gradually intensifying and bringing moderate to heavy rainfall to Sri Lanka, southern India, and coastal Myanmar by the middle of the week.
	 Moist easterly winds are expected to enhance rainfall activity over Bangladesh, Bhutan, and northeastern India. Nepal and Bhutan may see light to moderate rainfall in southern and central regions under continued moist flow from the Bay of Bengal.
	 Pakistan and northwest India are expected to remain dry, supporting further progress of monsoon withdrawal.
	 MJO remains active over the Indian Ocean, maintaining enhanced convective conditions. IOD remains neutral.
Weather Outlook (7 th Nov – 13 th Nov 2025)	Bhutan is expected mostly cloudy to cloudy conditions with light to moderate rainfall across southern and eastern parts.
	 Bangladesh is likely to receive light to moderate rain/thundershowers are likely at many places, with isolated heavy rainfall possible over coastal districts during 10– 11 Nov.
	 Nepal is expected light to moderate rainfall over hilly and central areas, with isolated heavy rainfall in western parts.
	 Maldives are likely to receive isolated showers in northern and central atolls during the first half of the week, with moderate rainfall and strong winds over the

 Myanmar may receive widespread rainfall over northern and central regions, with heavy to very heavy rainfall along the Arakan coast during 9–11 Nov.

 Pakistan is likely to observe mostly dry weather across southern and western regions. Isolated light rainfall may occur in northern areas towards the end of the week.

 Sri Lanka may receive moderate to heavy rainfall is likely in the central, western, and southwestern regions. Isolated heavy rainfall is expected along the southwestern coast, while southeastern regions may remain dry.

Extended Range Outlook (7th Nov – 4th Dec 2025)

Extended Temperature outlook

southern atolls later in the week.

- Below-normal temperatures are likely over northwest India and eastern Pakistan during the next four weeks.
- Above-normal temperatures are expected over Bangladesh,
 Nepal, Bhutan, Sri Lanka,
 Myanmar, and southern & northeastern India throughout the period

Extended Rainfall Outlook

- Week 1 (7–13 Nov): Above-normal rainfall is expected over Bangladesh, northeast India, Nepal, Bhutan, Sri Lanka, and Myanmar. Belownormal rainfall likely over northwest India and Pakistan.
- Week 2 (14–20 Nov): Rainfall activity is likely to shift eastward and southward, with abovenormal rainfall over peninsular India, Sri Lanka, Bangladesh, and Myanmar.
- Week 3 (21–27 Nov): Continued above-normal rainfall anticipated over eastern India, Bangladesh, Nepal, Bhutan, Sri Lanka, and central Myanmar.
- Week 4 (28 Nov 4 Dec): Above-normal rainfall likely to persist over Sri Lanka, Bangladesh, and northeast India, while below-normal rainfall expected in southern Myanmar and western peninsular India.