



# Weekly SAHF Forecasters' Forum (FF) #210

Date: 19<sup>th</sup> February 2026

## Discussion Notes

### Realized Weather-Country Reports (13<sup>th</sup>-19<sup>th</sup> Feb 2026)

- Bhutan experienced partly cloudy to mostly cloudy conditions during the observed period. Light rainfall was reported at lower elevations, while light snowfall occurred over higher altitude northern regions under weak westerly influence. Temperatures showed a gradual rising trend during the latter half of the week, particularly in western and southern parts of the country
- Bangladesh observed predominantly dry weather throughout the period. Skies remained clear to partly cloudy. Morning fog occurred at isolated locations over river basin and low lying areas during early hours, though its intensity was lower compared to previous weeks. Both maximum and minimum temperatures showed a slight increasing tendency, indicating early warming signals.
- Nepal experienced partly cloudy weather with light rainfall over some central and eastern regions during the early part of the week. Higher elevations observed light snowfall under weak western disturbance influence. The Terai region remained mostly dry, with occasional morning mist. Temperatures showed a gradual increase, particularly over lower elevations.
- Myanmar observed isolated light rainfall over southern and central parts of the country during the early part of the week. Most other areas remained dry. Temperatures were near to slightly above seasonal averages across several regions.
- Maldives experienced hazy conditions with isolated showers reported over southern and central atolls. Northern atolls remained largely dry. Convective activity remained scattered and weak. Sea conditions were generally moderate
- Sri Lanka experienced scattered light to moderate rainfall, particularly over southeastern and eastern provinces. Rainfall activity was intermittent, with mostly afternoon or evening showers. Other parts of the island remained partly cloudy with limited rainfall.

### Significant Weather Features in the region for the coming week (20<sup>th</sup> – 26<sup>th</sup> Feb 2026)

- A weak to moderate mid-latitude westerly trough is expected to affect Afghanistan and northern Pakistan during the early to mid-part of the forecast period. This system may bring light to moderate rainfall and snowfall over higher elevations of Afghanistan, Pakistan, and adjoining western Himalayan regions. However, model guidance indicates continued uncertainty regarding rainfall extension into the northwestern plains of India, with potential underperformance linked to limited moisture transport from the northern Arabian Sea.
- Enhanced convective activity is likely to persist over Sri Lanka and adjoining equatorial Indian Ocean regions. Easterly wave activity and favorable upper-level divergence may support intermittent rainfall over southeastern Sri Lanka and nearby oceanic areas.
- A broad ridge and anti-cyclonic circulation over much of the Indian subcontinent are expected to maintain generally stable atmospheric conditions across Bangladesh, central India, Nepal plains, and Bhutan. This may favor continued warming trends and localized haze formation.
- Early seasonal warming signals are expected to strengthen over northern and central South Asia, with above-normal temperature tendencies gradually expanding during the coming weeks.

**Weather Outlook  
(20<sup>th</sup> – 26<sup>th</sup> Feb 2026)**

- Bhutan is expected to experience partly cloudy conditions during the forecast period. Light rain or snowfall may occur over northern high-altitude areas, particularly during night hours under weak westerly influence. Most southern and western regions are expected to remain dry. Temperatures are likely to show a gradual increasing tendency.
- Bangladesh is expected to isolated light rain in the 1<sup>st</sup> half of the week but largely dry throughout the forecast period. Skies will remain clear to partly cloudy. Morning fog may occur at isolated river basin locations but is expected to be less widespread. Both day and night temperatures are expected to rise slightly, consistent with emerging early warming signals.
- Nepal is expected to observe partly cloudy conditions over hilly and mountainous regions. Light rainfall or snowfall may occur over higher elevations during the early part of the week under weak westerly influence. The Terai region is expected to remain mostly dry. Gradual warming is expected across lower elevations.
- Pakistan is expected to experience light to moderate rainfall and snowfall over northern and northwestern mountainous regions due to passing westerly disturbances. Rainfall over the northwestern plains is expected to remain limited unless enhanced moisture transport develops from the Arabian Sea. Temperatures over the plains are likely to show a slight increasing tendency following system passage.
- Myanmar is expected to experience mostly dry conditions across the country. Isolated light rainfall may occur over southern coastal regions during the latter part of the week. Temperatures are expected to remain near to slightly above seasonal norms.
- Maldives is expected to experience generally fair to partly cloudy weather. Isolated showers may occur over southern and central atolls, while northern atolls are expected to remain relatively dry. Convective activity is expected to remain scattered. Sea conditions are likely to remain moderate.
- Sri Lanka is expected to receive light to moderate rainfall, mainly over eastern and southeastern provinces during the early and middle parts of the week. Afternoon or evening thundershowers may occur at isolated locations elsewhere. Rainfall intensity is expected to remain moderate without indications of organized severe systems.

**Extended Range Outlook  
(20<sup>th</sup> Feb – 22<sup>nd</sup> Mar, 2026)**

**Extended Temperature outlook**

- Above normal temperatures are likely to prevail across much of northern, central, and eastern South Asia during the extended range period. Maximum and minimum temperatures are projected to rise gradually, with warming signals expanding southward. Northern plains of India and Pakistan may experience early pre-summer warming tendencies. Near-normal conditions may persist over Sri Lanka and Maldives during the early part of the extended period, followed by gradual warming

**Extended Rainfall Outlook**

- Rainfall activity during the extended range period is expected to remain generally subdued over most of the Indian subcontinent. Intermittent weak westerly disturbances may continue to bring light rainfall and snowfall over Afghanistan, northern Pakistan, and western Himalayan regions during the first one to two weeks. However, precipitation over adjacent plains is expected to remain limited unless stronger moisture transport develops from the Arabian Sea.
- Over Sri Lanka and adjoining equatorial Indian Ocean regions, light to moderate rainfall may persist intermittently during the early part of the extended range, supported by convective activity. Thereafter, rainfall activity is expected

		<p>to gradually decrease.</p> <ul style="list-style-type: none"> <li>▪ Bangladesh, Nepal (plains), Bhutan (southern regions), and Myanmar are expected to experience predominantly dry conditions during much of the extended period. Model guidance indicates no strong large-scale organized rainfall systems over the region beyond localized convective activity.</li> </ul>
<p><b>Ocean Watch</b></p>	<p><b>Observed Ocean Surface Conditions (13<sup>th</sup> – 19<sup>th</sup> Feb 2026)</b></p> <ul style="list-style-type: none"> <li>▪ Ocean conditions remained generally normal across the northern Indian Ocean. Significant wave heights remained within moderate range. Slightly higher wave periods were observed in some sectors of the Arabian Sea and Bay of Bengal. Sea surface temperatures remained warm over equatorial waters. No organized cyclonic disturbances were observed.</li> </ul> <p><b>Forecast for the coming week (20<sup>th</sup> – 26<sup>th</sup> Feb 2026)</b></p> <ul style="list-style-type: none"> <li>▪ Ocean conditions are expected to remain generally moderate during the forecast period. Significant wave heights are likely to range between 1.5 to 2.5 meters across much of the Bay of Bengal and Arabian Sea. Swell periods may remain slightly elevated in parts of the Arabian Sea. Wind speeds are expected to remain moderate, with no major hazardous ocean conditions anticipated. Tropical cyclone development potential remains low.</li> </ul>	