Weekly SAHF Forecasters' Forum (FF) #244

Date: 15th October 2026

Discussion Notes

Realized Weather-Country Reports (9th – 15th Oct 2026)	• Bangladesh experienced mainly dry weather following the withdrawal of the southwest monsoon, with light rain/thundershowers at one or two places over the southern part. The highest rainfall of 43 mm was recorded on 9th October. The highest maximum temperature of 36.5°C was recorded at Dhaka on 13th October and the lowest minimum temperature of 19.3°C at Tetulia (north) on the same day. • Bhutan experienced partly to mostly cloudy skies with light to moderate rain at a few places. The highest rainfall of 14.6 mm was recorded over the north (Ghasa). The highest maximum temperature of 34.5°C was recorded at Samtse (south) on 12th October and the lowest minimum temperature of 0.6°C at Laya (north). • Maldives experienced very heavy rainfall at several places, with occasional heavy showers. Malé recorded 77 mm in 24 hours, and more than 80 mm was recorded at some places a few days earlier. Severe thunderstorms affected the Malé capital region on the morning of 15th October. Winds remained light (below 10 knots) and the sea was calm with no swell activity, and the heavy rainfall was attributed to the light wind conditions during the transition from the southwest to the northeast monsoon. The heavy rainfall guidance of the previous forum verified well. • Myanmar experienced fairly widespread rain over the southern and central parts, with heavy to very heavy falls at places associated with convective activity. Maximum temperatures ranged from 35°C to 37.5°C at several stations. • Nepal experienced near normal maximum and minimum temperatures at many stations and above normal at some. The highest maximum temperature of 35.2°C was recorded at Lahan and the lowest minimum temperature of −1.1°C at Humde (Manang). Rainfall was above normal at some stations and below normal at others. • Pakistan experienced the effect of a westerly disturbance from 11th October, with light to moderate rain over northeast Punjab, Khyber Pakhtunkhwa and Kashmir and a highest fall of 13 mm at Bannu on 12th October. Moderate rain occurred on the morning of 15th October, with light snowfall over the hilltops and hail over Islamabad on the night of 14th October. Maximum temperatures were 6–7°C below normal over the northern areas and near normal over the plains, while night temperatures remained near normal.
Significant Weather Features in the region for the coming week (16th – 22nd Oct 2026)	• The northeast monsoon is expected to set in over parts of South Asia around 15th–16th October. Heavy rainfall is likely to remain confined to the southern equatorial Indian Ocean, southern peninsular India, the Maldives and Sri Lanka, with rainfall activity increasing over the southern Bay of Bengal and the east coast of India. Most of the region north of 20°N is expected to remain dry. • A pair of cyclonic circulations on either side of the equator over the Indian Ocean is expected to persist through the first two weeks, with easterly/north-easterly winds replacing westerlies over the southern peninsula and the Bay of Bengal. • A cyclonic circulation is likely over the Bay of Bengal in the second week, favourable for rainfall over the southern Bay of Bengal and the east coast of India. Its development into a low-pressure area will be monitored. • NCMRWF guidance indicates a persistent cluster of convection over the south-central Arabian Sea (around 10–13°N, 58–62°E) from 20th to 24th October, which is not seen in IMD GFS guidance and needs to be monitored. • Intense convection and a cyclonic circulation over the northwest Pacific, east of the Philippines, are expected to move towards the South China Sea from about 21st October.

	• The westerly disturbance that affected northern and central Pakistan from 11th October is now confined to northeast Punjab and Kashmir, with mainly dry weather expected over most parts of Pakistan during the next few days. Strong westerly winds are expected to continue over the northern latitudes, including Afghanistan and Pakistan, with day temperatures likely to be below normal over northwestern India and Pakistan during the first week, while nights are expected to remain warmer than normal over most of the region.
Weather Outlook (16th – 22nd Oct 2026)	• Bangladesh is likely to experience light rain/thundershowers at one or two places over the southern part, with mainly dry weather elsewhere. Day temperatures may remain nearly unchanged and night temperatures may fall slightly. • Bhutan is likely to experience partly to mostly cloudy skies with light rain at some places and gusty winds across the country. • Maldives is likely to experience very heavy rainfall across the country during the next 3–4 days, with winds remaining light. • Myanmar is likely to experience fairly widespread to widespread rain/thundershowers over the southern parts and isolated rain over the remaining parts. • Nepal is likely to experience isolated rain over the hilly and Himalayan regions and dry weather over the Terai. Both maximum and minimum temperatures are expected to be above normal over most areas. • Pakistan is likely to experience mainly dry weather over most parts of the country, with night temperatures near normal. • Sri Lanka is likely to experience heavy rainfall at places as rainfall activity increases over the adjoining seas.
Extended Range Outlook (16th Oct – 12th Nov 2026)	**Extended Temperature Outlook** • **Week 1 (16th–22nd October):** Day temperatures are expected to be below normal over northwestern India and Pakistan and above normal over Iran, Afghanistan and Central Asia, with maximum temperatures of about 36–40°C over western and central India. Nights are expected to be warmer than normal over most of the region, except parts of northeastern India and the Himalayan region, with minimum temperatures of 4–10°C over Afghanistan and northern Pakistan. IMD guidance indicates below normal day temperatures over peninsular and central India. • **Week 2 (23rd –29th October):** Day temperatures are expected to be near to normal over most land areas, with near normal conditions along the east coast and over parts of eastern India, while nights remain warmer than normal. • **Week 3 (30th October–5th November):** Above normal day and night temperatures expected over most of the region, with day temperatures rising 2–4°C above normal at places over central India. • **Week 4 (6th–12th November):** Above normal temperatures are likely to persist land areas, while night temperatures **Extended Rainfall Outlook** • **Week 1 (16th –22nd October):** Rainfall is expected to remain well above normal over the equatorial Indian Ocean, extending towards Sri Lanka, the Maldives and the southern Bay of Bengal in association with the onset of the northeast monsoon, while below normal rainfall is likely over the Maritime Continent and the Philippines and most of the region remains dry. • **Week 2 (23rd –29th October):** Rainfall is expected to increase over the Bay of Bengal off the east coast of India in association with a cyclonic circulation, with some rain possible over southern Bangladesh. IMD guidance indicates above normal rainfall over the southern above peninsula, the southeast Arabian Sea and the southern Bay of Bengal. • **Week 3 (30th October–5th November):** Rainfall is expected to be confined to the oceanic regions, with drier than normal conditions along the east coast of India are and over the Arabian Sea and the Maritime Continent. IMD guidance differs, indicating above normal rainfall over the southern peninsula and adjoining seas. • **Week 4 (6th–12th November):** Drier over conditions are expected to persist in

	remain below 10°C over Afghanistan and northern Pakistan. IMD guidance indicates below normal night temperatures over Jammu & Kashmir and Himachal Pradesh.	NCMRWF guidance, although confidence is low at this lead time, while IMD guidance indicates above normal rainfall over the southern peninsula and the eastern Bay of Bengal.